

# Connected Couples Books



- **Getting The Love You Want: A Guide for Couples** by Harville Hendrix (learn to love & understand of each other)
- **The Seven Principles for Making Marriage Work: A Practical Guide from the Country's Foremost Relationship Expert** by John Gottman (great research on successful marriages)
- **Wired for Love: How Understanding Your Partner's Brain and Attachment Style Can Help You Defuse Conflict and Build a Secure Relationship** by Stan Tatkin (neuroscience of attachment)
- **Daring Greatly: How The Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead** by Brene Brown (personal growth) **Boundaries & Relationships** by Charles Whitfield (clear boundaries)
- **His Needs Her Needs** by Willard Harley (understanding each other) **The New Rules for Marriage: A Breakthrough Program for the 21st Century Relationship** by Terrence Real (communication & boundaries)
- **Soul Mates** by Thomas Moore (healing and transformation)
- **Struggle for Intimacy** by Janet Woititz (family of origin issues)
- **Passionate Marriage: Keeping Love and Intimacy Alive in a Committed Relationship** by David Schnarch (emotional fulfillment)